

WORSHIP and PRAYER
ELEMENTARY COURSE OF STUDY
GRADE 3

LITURGY

General

The students will:

- know that the Mass is the central act of worship for Catholics.
- know that the Mass is a time for celebration as God's family for prayer, for giving thanks, and for offering gifts.
- identify the Liturgy of the Word and the Liturgy of the Eucharist as the two principal parts of the Mass.
- know that Jesus is present when we celebrate Mass.
- know that at Mass we forgive others and ask for forgiveness for ourselves.
- know that in the Mass Jesus offers Himself to God and gives Himself to us.

Liturgy of the Word

The students will:

- know that God speaks to us through the Liturgy of the Word.
- know that the parts of the Bible read at Mass are from a book called the Lectionary.
- know that the homily is part of the Liturgy of the Word and helps us understand the readings.
- know that the Liturgy of the Word ends with the General Intercessions.

Liturgy of the Eucharist (See Sacraments, Eucharist)

the student will:

- know that the second part of the Mass is called the Liturgy of the Eucharist.
- know that through the words of consecration said by the priest at Mass the bread and wine become the Body and Blood of Christ.

The Liturgical Year

The student will:

- know these colors used during the Liturgical Year: violet, white, green, red, and purple.

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- know and celebrate Advent as four weeks of waiting and preparing for Jesus.
- know that the liturgical season of Christmas is celebrated for twelve days.
- know the story of Epiphany: magi come to worship Jesus.
- know that the word “Lent” means spring and consists of forty days of preparing for Easter by prayer, fasting, giving alms.
- know the term Easter Triduum (“tri” means three; “duum” means days): three days commemorating the Passion, Death, and Resurrection of Jesus: Holy Thursday, Good Friday, Holy Saturday.
- * celebrate Easter as the central event of our Christian Faith because Jesus saved us by dying and rising from the dead.
- know that Easter Time lasts fifty days between Easter and Pentecost, including Ascension.
- know that Pentecost is the Birthday of the Church and the coming of the Holy Spirit.
- know that there are Holy Days of Obligation in the Catholic Church in the United States.

PRAYER

General

The students will:

- identify prayer as talking and listening to God.
- know that prayers can be said any time, any place.
- recognize and participate in individual and/or group prayer (spontaneous and traditional).
- demonstrate reverence while praying
- experience special times of prayer to celebrate and learn more about God.
- experience and understand meditative, reflective, vocal and other prayer styles.

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Specific

The students will:

- memorize and understand the “Sign of the Cross.”
- memorize and understand the “Our Father.”
- memorize and understand the “Hail Mary.”
- be able to say Grace before meals and Grace after meals.
- know and understand the “Glory Be.”
- know an Act of Contrition in their own words.
- know prayers of praise, thanksgiving, petition and sorrow.
- know the Apostles’ Creed.
- understand how the Rosary is said and experience praying it.
- experience praying the Stations of the Cross.