

WORSHIP and PRAYER
ELEMENTARY COURSE OF STUDY
GRADE 5

LITURGY

General

The students will:

- know that the Mass (Eucharistic Liturgy) is the central act of worship for Catholics.
- know that the Eucharist is a time for celebration as God's family for prayer, for giving thanks, and for offering gifts as a Catholic community.
- know the order of the Mass.
- know that at Mass we forgive and are forgiven.
- define the term Eucharistic Prayer.
- know that at Mass the Church celebrates Christ's life, suffering, death and resurrection.
- know that in the Mass Jesus gives Himself to us so we have the strength to witness and to serve others.

Liturgy of the Word

The students will:

- know that the Lectionary contains readings from the Old and New Testaments.
- know that at every Mass there is a reading from the Gospel.
- know that the homily is part of the Liturgy of the Word and helps us understand the readings.
- know that the Liturgy of the Word ends with the General Intercessions.

Liturgy of the Eucharist (See Sacraments, Eucharist)

The students will:

- know what the Eucharistic prayer is.
- know that through the words of consecration said by the priest at Mass, the bread and wine become the Body and Blood of Christ.
- know that only the priest can validly say the words of consecration at Mass.

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Participation at Liturgy

The students will:

- prepare and participate in liturgy.
- know and use the appropriate responses at Mass.
- know that singing is a form of prayer and an expression of faith.
- know the purpose of and how to write General Intercessions.
- experience silence as a time to pray in their hearts.
- define the following roles: lector, cantor, gift bearer, choir member, music minister, deacon, cross bearer, candle bearer, acolyte (altar server), presider (priest), assembly, extraordinary Eucharistic minister.

Symbols, Articles, Postures and Gestures

The students will:

- know the reason we use the following postures at Mass (Liturgy): genuflecting, kneeling, standing, bowing, folding hands.
- know the history and meaning of the following articles: altar, tabernacle, candles, sanctuary light, baptismal font, ambo (pulpit).
- know these articles used at Mass (Liturgy): altar cloth, vestments, chalice, cruets. Lectionary, ciborium, corporal, purificator.
- know these articles used in other liturgical and non-liturgical celebrations: monstrance, sanctuary light, censer, pyx.
- be familiar with and know the meanings of the Advent wreath, ashes, Paschal candle, Jesse Tree, etc.

The Liturgical Year

The students will:

- know the structure of the Liturgical Year.
- know, understand, and celebrate Advent as four weeks of waiting and preparing for Jesus.
- know that Advent means “coming to,” and “arrival.”

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- know the real meaning of Christmas and why we celebrate it.
- know that the word “Epiphany” means manifestation of Jesus to all people.
- know that during Lent people between the ages of twenty-one and fifty-nine fast on Ash Wednesday and Good Friday.
- know what the church laws of abstinence are: Catholics fourteen years and older do not eat meat on the Fridays of Lent; this is called Lenten abstinence.
- know some of the ritual components of the Easter Triduum: Holy Thursday, Good Friday, Holy Saturday.
- know that Easter is the highest feastday in the Catholic Church.
- know how the use of Easter eggs, chickens and rabbits is connected with the real meaning of Easter.
- know, understand and celebrate Easter Time: 50 days between Easter and Pentecost, including Ascension, which is a holy day in the Catholic Church.
- know, understand and celebrate as recorded Pentecost as the birthday of the Church, and the coming of the Holy Spirit in the Acts of the Apostles.
- know that there are thirty-four weeks in Ordinary Time.
- know the names, dates and meaning of the Holy Days of Obligation in the United States. (cf. Glossary)

PRAYER

General

The students will:

- identify prayer as talking and listening to God; conversation with God.
- know that prayers can be said any time, any place.
- recognize and participate in individual and/or group prayer (spontaneous and traditional).
- demonstrate reverence while praying.

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- experience special times of prayer to celebrate and learn more about God.
- experience and understand meditative, reflective, vocal and other prayer styles.

Specific

The students will:

- memorize and understand the “Our Father.”
- memorize and understand the “Hail Mary.”
- be able to say Grace before meals and Grace after meals.
- memorize and understand the “Glory Be.”
- say an Act of Contrition in their own words and understand the meaning.
- know the difference between prayers of praise, thanksgiving, petition and sorrow.
- memorize and understand the Apostles’ Creed.
- memorize the mysteries of the Rosary and how they are used in praying the Rosary.
- know the names of the Stations of the Cross and experience praying them.