

WORSHIP and PRAYER
ELEMENTARY COURSE OF STUDY
GRADE 7

LITURGY

General

The students will:

- know that liturgy is the official public worship of the Church.
- know the three forms of liturgy: Mass (Eucharistic liturgy), celebration of the Sacraments, and the Prayer of Christians (Divine Office).
- know the order and meaning of the Mass.
- know during which parts of the Mass we forgive and are forgiven; e.g., Lord Have Mercy, Our Father, Sign of Peace and Lamb of God.
- know that at Mass the Church celebrates Christ's life, suffering, death and resurrection (Paschal Mystery).
- know that in the Mass Jesus gives Himself to us so we have the strength to witness and to serve others.

Liturgy of the Word

The students will:

- know that the first reading(s) in the Liturgy of the Word is from the Old Testament or the Acts of the Apostles or a letter (Epistle) and sometimes from the Book of Revelation.
- know that in Ordinary Time the Responsorial Psalm and Alleluia verse precede the Gospel.
- know that in Lent there is no Alleluia following the Responsorial Psalm before the Gospel.
- understand the format of the Lectionary: liturgical cycle; years ABC; daily readings years one and two.
- know the parts of the Liturgy of the Word: opening prayer, scripture reading, responsorial psalm, Alleluia (except in Lent), homily, profession of faith (Sundays and Feast Days), and General Intercessions.

Liturgy of the Eucharist (See Sacraments, Eucharist)

The students will:

- know that the Eucharistic prayer comes from the Jewish prayer of thanksgiving.

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- know that in the Eucharist, the substance of the bread and wine is transformed into the substance of the body and blood of Christ. This is called transubstantiation. (CCC #1374-76, 1413)

Participation at Liturgy

The students will:

- prepare and participate in liturgy.
- know that singing is a way of celebrating with the community at Mass.
- know the purpose of and how to write General Intercessions.
- know that periods of quiet at Mass are opportunities for reflection and prayer.

Symbols, Articles, Postures and Gestures

The students will:

- know the meaning of and location in the church of the following oils used in liturgy: Oil of Catechumens, Oil of the Sick, and Sacred Chrism.

The Liturgical Year

The students will:

- know the structure of the Liturgical Year and the meaning of the colors used.
- know that Advent celebrates the threefold coming of Christ: in history (life of Jesus); in mystery (in sacraments); and in majesty (coming again at the end of time).
- know that the Epiphany account is found only in the Gospel of Matthew.
- know what the church laws of abstinence are: Catholics fourteen years and older do not eat meat on the Fridays of Lent; this is called Lenten abstinence.
- know what the church laws of fasting are: on Ash Wednesday and Good Friday people between the ages of twenty-one and fifty-nine may eat only one full meal and may not eat solid food between meals.
- be able to explain in their own words the Passion and Death narratives.
- be able to explain in their own words the Resurrection narratives.
- know the meaning of the Ascension and be able to tell in their own words the Ascension narratives.

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- be able to explain in their own words the Pentecost event as presented in the Acts of the Apostles.
- know that the term Ordinary Time does not mean plain or simple but comes from the word “ordo” (to order). Ordinary Time is part of the order of the Liturgical Year between Christmas and Lent, and between Pentecost and Advent.
- know the names, dates and meaning of the Holy Days of Obligation in the United States. (cf. Glossary)

Prayer

General

The students will:

- know that it is only through the Holy Spirit that we have the ability to pray.
- recognize and participate in individual and/or group prayer (spontaneous and traditional).
- demonstrate reverence while praying.
- experience special times of prayer, to celebrate and learn more about God.
- know that “contemplative prayer is the simple expression of the mystery of prayer. It is a gaze of faith fixed on Jesus, an attentiveness to the Word of God, a silent love.” (CCC #2709-19, 2724)
- have opportunities for contemplative prayer.

Specific

The students will:

- understand prayers of blessing; we bless God for the blessings he has bestowed upon us. (CCC #2626-27, 2645)
- memorize and understand the Nicene Creed.
- know the mysteries of the Rosary, how they are used in praying the Rosary, and how the Rosary began.
- know and understand the Stations of the Cross and experience praying them.

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- know that the Liturgy of the Hours (formerly called the Divine Office) is the Church's full cycle of prayer to be prayed at stated times throughout the day.
- know that formerly only monks and nuns prayed the Liturgy of the Hours, but currently it may be prayed by all the baptized.
- know that the structure of the Liturgy of the Hours includes psalms, scripture readings, intercessions, hymns, and blessings.