

WORSHIP and PRAYER
ELEMENTARY COURSE OF STUDY
GRADE 1

LITURGY

General

The students will:

- know that the Mass is a time for celebration as God's family.
- know that Jesus is present when we celebrate Mass.

Liturgy of the Word

The students will:

- know that God speaks to us when we hear His word read from the Bible at Mass.
- know that the homily is a lesson about the readings from the Bible.

Liturgy of the Eucharist (See Sacraments, Eucharist)

The students will:

- know that the second part of the Mass prepares us to receive Jesus in Holy Communion.

Participation at Liturgy

The students will:

- learn how to participate at Mass.
- begin to learn the appropriate responses at Mass.
- know that singing is a form of prayer.
- know what the General Intercessions are.
- experience silence as a part of worship.

Symbols, Articles, Postures and Gestures

The students will:

- know the following postures used at Mass (Liturgy): genuflecting, kneeling, standing, bowing, folding hands.
- know these articles located in the worship space: altar, candles, ambo (pulpit), tabernacle.

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- be shown these articles used at Mass (Liturgy): altar cloth, vestments, chalice, Lectionary.
- be introduced to holy water and be shown the location of the baptismal font and holy water fonts in the church.
- be familiar with the various items used during the liturgical seasons: Advent wreath, ashes, palms.

The Liturgical Year

The students will:

- know and celebrate Advent as four weeks of waiting and preparing for Jesus.
- know the story of Christmas: Jesus is born.
- know the story of Epiphany: wise men came to worship Jesus.
- know that Lent is a preparation for Easter.
- know that Holy Thursday, Good Friday and Holy Saturday are special and are the final preparation for Easter.
- know that Easter is the central event of our Christian Faith because Jesus, our Savior, died and rose from the dead for us.
- know that Easter Time lasts fifty days between Easter and Pentecost.
- know that Pentecost celebrates the coming of the Holy Spirit.

PRAYER

General

The students will:

- identify prayer as talking and listening to God.
- know that prayers can be said any time, any place.
- recognize and participate in individual and/or group prayer (spontaneous and traditional).
- demonstrate reverence while praying.
- experience special times of prayer to celebrate and learn more about God.

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Specific

The students will:

- memorize and understand the “Sign of the Cross.”
- know the “Our Father.”
- know the “Hail Mary.”
- be able to say Grace before meals and Grace after meals.
- know prayers of praise, thanksgiving, petition and sorrow.
- know what a Rosary looks like and that it is prayed to honor Mary.
- experience praying the Stations of the Cross.