

CYO Athletic Guidelines as it Relates to COVID-19

As of July 20, 2020

CYO enters the 2020-21 athletic year amidst the COVID-19 pandemic that cancelled the Spring sports season. It is our hope to sponsor a Fall sports season, but that is only possible if permitted by law and if we are able to make modifications to our program that will keep our participants, coaches, officials, and spectators safe. CYO will continue to monitor announcements from the State of Ohio, Ohio Department of Health (ODH), local area health departments, Center for Disease Control (CDC), National Federation of High Schools (NFHS), Ohio High School Athletic Association (OHSAA), and the Diocese of Toledo throughout this pandemic and will adhere to state orders, preventative measures, and recommendations as directed.

Essential protective measures to reduce the spread of respiratory droplets include, but are not limited to, the following and will be implemented in ALL CYO Fall sports:

- Parents must evaluate their athlete's health before leaving for a practice/contest. Anyone exhibiting symptoms or not feeling well should stay home;
 - Coaches must ask their athletes the questions on the COVID-19 Monitoring Form (fever, cough, sore throat, shortness of breath, contact with someone with COVID) prior to the start of practice/contest and record their name/answers on the form to keep a record of attendance for contact tracing purposes. Anyone exhibiting symptoms or not feeling well must leave the facility;
 - Coaches must answer COVID-19 Monitoring Form questions prior to each practice/contest. Any coach exhibiting symptoms or not feeling well should stay home;
 - EVERYONE is expected to wear a cloth face covering over nose and mouth when entering and exiting facilities. Coaches and spectators will wear face coverings during contests; players may remove face coverings during play;
 - Coaches are expected to carry hand sanitizer and sanitizing wipes with them to games and practices;
 - Wash hands frequently with soap and water or use alcohol-based hand cleaner when soap and water are not available (before and after each practice/contest);
 - Sanitization at facilities will be increased;
 - Cover mouth and nose with a tissue when coughing or sneezing;
 - Socially distance (maintain a distance of 6' between others);
 - Avoid touching your eyes, nose and mouth;
 - Avoid physical contact: no high fives, handshakes, fist bumps, and hugs. A "courtesy" wave will be implemented before and after contests;
 - Avoid sharing items: each athlete must bring his/her own water bottle (clearly marked with their name); and should not share personal items or equipment;
 - Pre-game prayer procedure & captains' meetings will be adapted to allow for social distancing;
 - Number of people permitted in restroom facilities will be limited;
 - Separate entrance and exit should be designated whenever possible;
 - Drinking fountains will be unavailable;
 - Concessions may be limited to prepackaged food/drink;
 - No spitting, eating seeds, chewing gum, or similar actions during practices/contests;
 - Spectators may be limited if space does not allow for social distancing;
 - No congregating before or after practices or games (hallways, lobbies, parking lots, etc.);
 - When inside, doors should be propped open to reduce contact with common touch points;
 - Vulnerable individuals (defined as over 65, those immunocompromised, have a chronic disease or have a serious health condition) should not attend.
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- If a school has been shut down because of a COVID outbreak any practices or games scheduled at that site will also be cancelled until the facility has been cleared for school classes to resume.
 - If a stay-at-home order should be issued at any point after the season has begun, the remainder of the season may be cancelled.
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- Team fees are expected to be paid on the entry deadline date, but we suggest waiting to collect per player fees until we have a better understanding of what will be offered in each sport this season.