

# 2017 St. Patrick of Heatherdowns Track and Field Meet Saturday, May 13th @ St. John's Jesuit H.S.

**Cost: \$4.00 per participant**

**Limit of 3 events per participant**

- Limit of 3 participants per age/gender group for high jump; 5 for shot and discus

## **Schedule of Events**

8:30 am – Registration / Check in Open

9:00 am – Coaches' Meeting

9:15 am – Prayer / Opening remarks / First Call Field Events and 100m Prelims

9:30 am – Field Events and 100m Prelims Begin

## **Field Event Order**

<b>Discus</b>	<b>Shot Put</b>	<b>Long Jump</b>	<b>High Jump</b>
Jr. Boys	Jr. Girls	Cadet Boys	Cadet Girls
Cadet Boys	Cadet Girls	Jr. Boys	Jr. Girls
Jr. Girls	Jr. Boys	Cadet Girls	Cadet Boys
Cadet Girls	Cadet Boys	Jr. Girls	Jr. Boys

## **Running events order:**

**Cadet Girls, Cadet Boys, Jr. Girls, Jr. Boys**

100m Dash Prelims

200m Dash Prelims

1600m Run

100m Dash Final

400m Run

4 x 100m Relay

800m Run

200m Dash Final

Cadet Medley Relay

Jr. 4 x 400m Relay

Ribbons presented for places 1 to 6

Please submit a copy of your **full roster** by gender and age group—preferably in spreadsheet format—**by Friday April 28th**. You can delete participants, make payment, and designate events on the day of the meet.

Please contact Kevin Niebel at [kevin.niebel@gmail.com](mailto:kevin.niebel@gmail.com) to obtain a roster template or call 419.819.0029 with any questions.