Family Podcast Resources

For Kids

- **Catholic Sprouts**: Catholic mom Nancy offers a mix of prayer, saint stories, Scripture, and daily living designed for kids and young families.
- **Saint Stories for Kids**: Chantal Baros recreates saint stories, told in an engaging style and intermixed with sound effects for kids.

For Teens and Twenty-Somethings

- **Sunday, Sunday**: Life Teen evangelist Mark Hart talks about the Sunday readings with an emphasis on how to apply the lessons of scripture to everyday life.
- **The Crunch**: Ethan (a FOCUS missionary) and Patrick (a youth minister) have weekly conversations about what it means to live the Catholic faith as young adults.

For Adults

- **Catholic Answers**: A mix of interviews, question and answer, apologetics, and timely topics from the news, all with an emphasis on the Catholic faith.
- **Word on the Hill with the Lanky Guys**: A scripture scholar and a priest look at the Sunday readings together.
- **Pints with Aquinas**: Evangelist Matt Fradd mixes it up with frequent guests on the general topic of how Thomas Aquinas relates to everyday life.
- **Among the Lilies**: Evangelist Cameron Fradd speaks with friends and guests about living as a Catholic woman.
- **Jen Said What?**: Offers a compilation of the best segments from the Jen Fulwiler Show from SiriusXM Radio. Jen is a former atheist turned Catholic speaker turned comedian.
- **CNA Newsroom**: Catholic News Agency brings you great Catholic news stories each week.