



OUR LADY OF THE
PINES
 RETREAT  CENTER

Refresh Your Spirit Day
The Labyrinth: Meditation in Motion
Wednesday, April 8 9:00 AM – 3:00 PM

Come learn about the ancient spiritual practice of the labyrinth. Learn from a short presentation, and walk an indoor floor labyrinth, or trace your path on finger labyrinths. Labyrinth walking is an ancient practice used by many different faiths for spiritual centering, contemplation and prayer. Entering the serpentine path of a labyrinth, the walker walks slowly while quieting their mind and focusing on a spiritual question or prayer. It can be a source of peace and healing.

Presenter: Sister Karen Zielinski, OSF/S writes, speaks and consults regularly on issues relating to spirituality and health. Her recent book, Hope and Help for Living with Illness discusses chronic disease and coping strategies and is addressed to both caregivers and patients. Sister has lived with Multiple Sclerosis since 1975.



Contact us at 419-332-6522 or e-mail us at olprc@pinesretreat.org

Registration requested

\$25.00 (includes morning snack and lunch)

RETREAT REGISTRATION FORM

Retreat _____ Date _____

Name _____ Phone _____ Email: _____

Address _____

Amount Enclosed: \$ _____ List any special diet needs. _____

Method of Payment: **Check No.** _____ **Money Order** _____ **MasterCard** _____ **VISA**

Card No. _____ Expiration Date: 3-Digit Code (on back) _____

Our Lady of the Pines Retreat Center, 1250 Tiffin Street, Fremont, OH 43420

olprc@pinesretreat.org www.pinesretreat.org

A Sponsored Ministry of the Sisters of Mercy of the Americas



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TIME TO: PLANT, GROW AND BLOOM

Ann Bixler, Master Gardener

Tuesday April 21, 2015

9:30-11:30 am

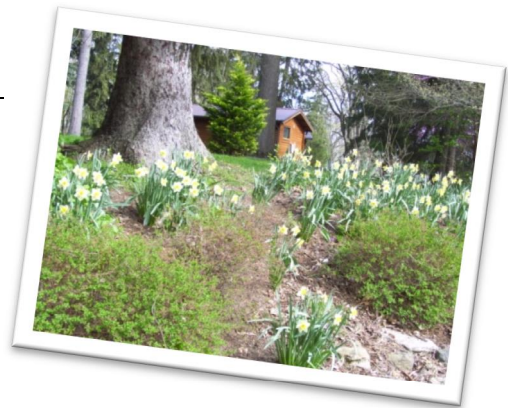


Spring inspires those with a green thumb to start gardening. Come to The Pines and get tips along with inspiration for your gardening.

Learn about plants suitable for Ohio soil, requiring sun or shade, and tour our grounds to see firsthand our blooming gardens.

DAY Lilly cutting will be available to take home.

Cost: \$7.00 includes Day Lilly Fan and "walking" snack (Registration is requested)



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**EVENING PRAYER:
PRAYING WITH THE PSALMS**

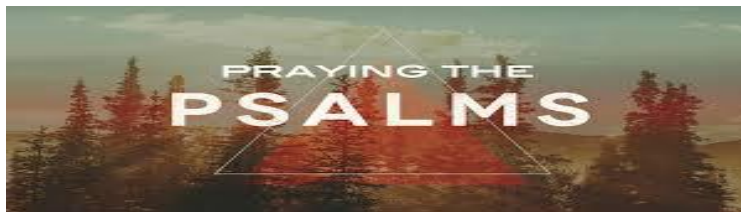
WEDNESDAY, APRIL 27, 2015 7:00 – 8:00 PM

Join us as we pray the psalms, a lovely way to offer praise, petition, and thanksgiving. We will spend a short time in quiet reflection between each psalm as we write and offer our petitions.

Sr. Breta Gorman, RSM: Breta is a Sister of Mercy of the South Central Community of the Sisters of Mercy of Americas. She is a spiritual director and a retreat director with a degree in spirituality from Regis College, Jesuit School of Theology, Toronto, Ontario, Canada. Her internship in spiritual direction was completed at Our Lady Queen of Peace, Narragansett, Rhode Island. Free will offering

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Free will offering



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Mothers' Day Chicken Barbecue Dinner

Sunday, May 10, 2015

at

Our Lady of the Pines Retreat Center

1250 Tiffin Street

Fremont, OH 43420

Noon to 4:00pm

Eat In

Adult Tickets: \$10.00 Children: \$5.00

or

Take Out \$12.00

yum-yum

Menu

BBQ Grilled 1/2 Chicken

Cheesy Potatoes

Buttered Corn

Chunky Applesauce

Roll and Butter

Homemade Cookie

Beverage



For tickets or to reserve a space for a large group call 419-332-6522

